



# WELCOME!

We are excited to invite YOU to be a part of the North Metro Blazers' Cheer Team's inaugural season! The Blazers' Cheer Team will combine cheer and dance, and all routines and uniforms will be modest and tasteful.

The Blazers' Cheer Team, "*The Embers*," will cheer for the North Metro Blazers home games and will be coached by Heather Peabody and Amy Radmer. All home games will be held at Free Lutheran Bible College located at: 3134 E Medicine Lake Blvd, Plymouth, MN. We are anticipating roughly 10 home games during the months of November-February; 2024-25. We are awaiting the release of the Blazers 2024-25 schedule and will forward it to you when we receive that information.

The Blazer's Cheer Team will consist of three squads: Blazers Girls JV Cheer, Blazers Boys JV Cheer, and Blazers Boys Varsity Cheer. Try-outs will be held on Tuesday, June 25<sup>th</sup> from 6:30pm-9pm at Church of the Open Door located at: 9060 Zanzibar Lane in Maple Grove, MN.

Cheer practice will be held at Church of the Open Door as well. We will hold a "Cheer Camp" on Tuesday, July 23<sup>rd</sup> from 9am-3pm, and then will have weekly practices during the month of October to prepare for the season.

We are making every effort to keep the cost to participate in this program low. Cheer participants will be responsible for the cost of cheer uniforms, shoes, and poms. We will do our best to keep these costs under \$200.

To be considered for a spot on the Blazers Cheer Team, please secure your spot by either adding your name to the list found at WEST'S open house on Tuesday, June 4<sup>th</sup> or by emailing Heather Peabody at: [heather@thepeabodyplayers.com](mailto:heather@thepeabodyplayers.com). Also, please fill out the following forms and bring them with you to the try-outs on Tuesday, June 25<sup>th</sup> from 6:30pm-9pm.

We are excited to embark on this journey with you and are excited to offer another opportunity for girls to connect and participate in a sport! We look forward to meeting you!

Best,

Heather Peabody and Amy Radmer  
Blazers Cheer Team Coaches

*Thessalonians 5:11: So cheer each other up with the hope you have. Build each other up.*



## LEGAL WAIVER AND MEDICAL RELEASE FORMS

### LEGAL WAIVER

I acknowledge and fully understand that each participant will be engaged in activities that involve risk of injury which might result not only from their own actions, inactions, or negligence, but the actions, inactions or negligence of others, the rules of conduct, or conditions of the premises or any of the equipment used. Further, that there may be risks not known to us or foreseeable at the time.

I assume all foregoing risk and accept personal responsibility for the damages following such injury.

I, intending to be legally bound, do hereby release, waive, discharge and consent not to sue North Metro Blazer's Cheer and North Metro Blazers administrators, board, employees or volunteers of the organization, other participants and Church of the Open Door and Free Lutheran Bible College, all which are herein after referred to as "released" from any and all liability to each the undersigned, his or hers and next of kin for any claims, demands, losses or damages, on account of injury including death or damage to property, caused or alleged to cause in whole or part by negligence to the release of otherwise in connection with association or entry and/or arising in participation in activities led by North Metro Blazers Cheer.

I hereby release all members of North Metro Blazer's Cheer and North Metro Blazers of any and all liability resulting from medical treatment. I understand if medical attention is necessary and I am not present, North Metro Cheer has my permission to call an ambulance to transport any family member I have listed above to the nearest medical facility for emergency medical treatment. I am responsible for all expenses incurred.

**I HAVE READ THE ABOVE WAIVER AND RELEASE, AND UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT VOLUNTARILY.**

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Parent/Guardian's Full Name (printed)

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Signature

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Today's Date



**MEDICAL RELEASE**

In an emergency where a parent/guardian is unavailable, I (we) request and authorize any physician, associates, assistants, agents and employees thereof, to provide any x-ray, examinations, anesthetic, diagnosis, medical, or surgical treatment, or hospital or clinic service, not including vaccinations, that may be required by said minor in the estimation of such physician, whether such diagnosis or treatment is rendered at the office of said physician or at said hospital. It is understood that this authorization is given in advance of any specific diagnosis or required treatment and is given to encourage said hospital and said physicians to exercise their best judgment as to the requirements of such diagnosis and treatment in those instances when a parent of the minor is unavailable to provide the necessary consent to treatment.

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Parent/Guardian's Full Name (printed)

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Signature

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Today's Date



## EMERGENCY CONTACT FORM

Please provide the following information:

1. Primary Emergency Contact Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Relationship to Student: \_\_\_\_\_

2. Secondary Emergency Contact Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Relationship to Student: \_\_\_\_\_

Health Insurance Company: \_\_\_\_\_

Health Insurance ID Number: \_\_\_\_\_

Health Insurance Group Number: \_\_\_\_\_



## **CODE OF CONDUCT STATEMENT**

***Ephesians 4:16*** <sup>16</sup> *From him the whole body, joined and held together by every supporting ligament, grows and builds itself up in love, as each part does its work.*

**THE BIBLE STATES AS CHRISTIANS WE ARE ONE! GOD USES US TO SUPPORT ONE ANOTHER...AND TOGETHER WE CAN ACCOMPLISH GREAT THINGS!**

### **THE BLAZERS' CHEER TEAM COACHES ARE LOOKING FOR GIRLS WHO:**

- **ENJOY BEING PART OF A TEAM**
- **ENJOY HARD WORK**
- **WHO ENCOURAGE EACH OTHER AND LIFT EACH OTHER UP**
- **WHO AVOID DRAMA, PURSUE THE TRUTH, AND SEEK A PEACEFUL PATH TO CONFLICT RESOLUTION**
- **WHO PRACTICE COMPASSION AND KINDNESS**
- **WHO RESPECT THEMSELVES, THEIR TEAMMATES, AND THEIR COACHES**
- **WHO ENJOY LAUGHTER, JOY, AND FUN!!**