

A WELLNESS JOURNEY



What You Should Know About Your Food, Supplements, and Glycobiology

How Has Our Food Been Altered?

The very foundation of our food supply is not what it used to be. In this class, you will learn:

- How the “staff of life” is no longer the grain it used to be
- What GMO is and why you need to know

What’s Natural About Being Synthetic?

You will receive a Consumer Awareness Guide to help you determine:

- The critical difference between natural & synthetic vitamins, and organic & inorganic minerals
- Why plant source matters
- How to know if what’s really inside your bottle is safe and effective

What is Glycosylation? And Why Does It Matter to You?

This excerpt from our strictly educational *Introduction to the Science of Glycobiology* class will give you the basics of this fascinating and critical science. Join us as we share how the “missing link” of health and nutrition impact your:

- Immune System
- Digestive System
- Cognitive Function
- and All Body Systems

Learn how they are **vital** supported by cellular communication achieved through glycosylation.

Thursday, June 12th 6:30 PM
1st National Bank and Trust
5311 E. Highway 37, Tuttle, OK

Saturday, June 21st 2:00 PM
1st National Bank and Trust
5311 E. Highway 37, Tuttle, OK

Thursday, June 26th 6:30 PM
1st National Bank and Trust
5311 E. Highway 37, Tuttle, OK

Thursday, July 10th 6:30 PM
1st National Bank and Trust
5311 E. Highway 37, Tuttle, OK

Tuition: This is a community service class and there is no charge.

Contact: RSVP: Kay 316.213.9277 or Carol 918.605.3574.



Larry and Angie Law of Colorado Springs, CO, teach this strictly educational class geared for the general public. Healthcare professionals are also encouraged to attend and can use this class as a springboard to CME and CEU courses.

To learn more, visit www.AngiesOption.com.